



Please note that this outline is only intended as a guide and that any event can be customised to suit you.

Events are run using a mix of trainer-led sessions, hands-on practice and group discussions.

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Team Building for Wimps

(1 day)

“Most conventional ‘Team Building’ events require participants to be young, super fit and seemingly insane – we see things differently!”

Benefits

You want an opportunity for your team to spend quality time together, out of the work environment, engaged in activities that are stimulating, challenging and fun. You also want them to work as a team, enhancing the skills that will contribute so much to making them even more effective members of the workforce.

Aim

A bespoke team building event to be enjoyed by people of all ages and standards of fitness, and from all levels of the organisation.

Objectives

By the end of the training you will have had the opportunity to...

- Work collaboratively and on an equal footing with colleagues on non work-related activities
- Think creatively and use your powers of innovation, initiative and practise problem-solving techniques
- Fulfil different roles and to experience both leadership and decision making within the team dynamic

Content

A choice of a range of internal and external activities based on...

- Design and construction
- Encoding and decoding
- Search and retrieval
- Local knowledge and research
- Innovation and creativity
- Observation and sensory awareness

...and supported by team de-briefing and awareness sessions.