



Please note that this outline is only intended as a guide and that any event can be customised to suit you.

Events are run using a mix of trainer-led sessions, hands-on practice and group discussions.

solutions@ttsweb.co.uk
<http://www.ttsweb.co.uk>
tel : (0117) 9022845

VAT reg No : 691 6021 39

Total Training Solutions
South West Ltd is Registered in
England, No. 5190199in
England, No. 5190199

Mentoring

(1 day)

“Mentoring is a potent skill which provides a supportive, learning relationship for encouraging both personal and professional growth.”

Benefits

Mentoring involves sharing knowledge, experience and wisdom. It helps realise the full potential for everyone who is involved - the individual being mentored, the mentor and also the organisation.

Aim

To understand what it takes to be an effective mentor. Delegates will leave with an understanding of the mentoring process and the skills, qualities and knowledge required to evaluate, stimulate and facilitate.

Objectives

By the end of the training you will be able to...

- Identify the benefits of mentoring to themselves and the organisation in which they work
- Demonstrate an understanding of the key skills involved

Content

- What is Mentoring & who can benefit from it?
- Skills and qualities of a mentor
- Assessing our own skills and qualities
- The unique nature of each mentoring 'dyad'
- How to set Ground Rules and boundaries
- Understanding preferred learning styles
- The role of reflection
- Setting and achieving goals
- The role of evaluation, stimulation and facilitation
- Conducting an effective feedback session
- Using 'SNOB' analysis to evaluate the current position
- Identifying opportunities for mentoring in your workplace